

# Moon Sand

Moon sand is a mouldable powder with a soft texture. It can also have the additional sensory input of fragrance depending on the baby oil you use.

You will need:

- An empty yoghurt pot
- Plain flour
- Baby oil
- Powdered chalks or powder paint

Method:

Use the yoghurt pot to measure out the flour and oil: 8 pots of flour to 1 of baby oil. Mix together thoroughly and the moon sand is ready for use. Powdered chalk or powder paint, added before the baby oil, will make the sand coloured. Powder paint may transfer colour to skin but this is easily removable.

# Microwave Puffy Paint

Microwave puffy paint is paint that has a 3d texture when dried in the microwave.

You will need:

- Tubs for each paint colour (or a cake tray)
- 1 tablespoon of salt per tub
- 1 tablespoon of plain flour per tub
- 1 teaspoon of baking powder per tub
- 1 tablespoon of water per tub
- Food colouring

Method:

Put the dry ingredients into each tub or section of the cake tray. Add the water to each set of dry ingredients—the chemical reaction will make it fizz! Add drops of food colouring to each mixture and mix again. Use the paint on sugar paper then dry each picture in the microwave for 20 seconds—the paint will puff up.

# Soapy Slime

Soapy slime is a foam that mixes to a smooth texture. It will get thicker the longer it stands. The amount of water added can alter the way it can be used.

You will need:

- An empty yoghurt pot
- A box of soap flakes
- Warm water
- Food colouring—yellow, red or blue.
- Large containers for mixing

Method:

Use the yoghurt pot to measure out the flour and oil: 1 pot of soap flakes to 2 to 4 of warm water. Mix together in a large container (use a hand whisk if you wish). The mixture will expand and foam. Add food colouring. Different coloured foams could be played with together—colours will mix.

# Super Light Show

A simple sensory idea for a small dark room.

You will need:

- A deep, clear food container with lid.
- Coloured glass pebbles
- A set of fairy lights (coloured ones are best) from a Christmas tree or similar
- Coloured tissue paper or acetate
- Cotton or thread

Method:

Using a craft knife, create a flap, big enough to push a plug through, in the back of the container. Place the coloured glass pebbles in the bottom of the tub and then add the fairy lights. Cut shapes out of the tissue paper or acetate and attach to thread. Tape these mini garlands to the lid of the container so they dangle downwards. With the lid securely on, turn on the fairy lights.

# Shaving Foam Paints

3d paints that look interesting when dry

You will need:

- Tubs for each paint colour (or a cake tray)
- Shaving Foam
- Poster Paint
- Cardboard for painting on

Method:

Squirt a liberal amount of shaving foam into each tub or section of the cake tray. Add a small amount of poster paint to each tub of shaving foam and mix, but not too thoroughly as variations in colour are good. Use the paints to paint onto cardboard (brushes or fingers)-they will look foamy and 3D. Leave to dry in a warm place . When they have been left 24 hours most of the foam will have gone (wipe off the rest) leaving an interesting effect.

# Cloud Dough

Cloud dough is a mouldable powder with a soft texture, very similar to moon sand.

You will need:

- An empty yoghurt pot
- A box of corn flour
- Baby oil
- White or clear glitter

Method:

Use the yoghurt pot to measure out the flour and oil: 8 pots of corn flour to 1 of baby oil. Mix together thoroughly and then add 1 pot of glitter. Mix the glitter in and the cloud dough is ready for use. Because Cloud Dough has a white, sparkly appearance and is mouldable it is great to use during the winter time for themed activities.