



amazing sensory bags



The first step in assembling your squish bag is to add about 8-10 ounces of clear hair gel. If you have a desired colour for your squish bag, add a few drops of food colouring.

Next, add your loose parts.

Seal the bag and spread the hair gel around and to thoroughly mix the colour if necessary.

As an added precaution for any of the hair gel leaking out of the bags, we add clear packing tape around the edges of the bag. This prevents the edges from popping open and keeps the sensory discovery and play much cleaner!

Click this link for lots of ideas for sensory bag fillers

<https://everydaychaosandcalm.com/sensory-bag-fillers/>